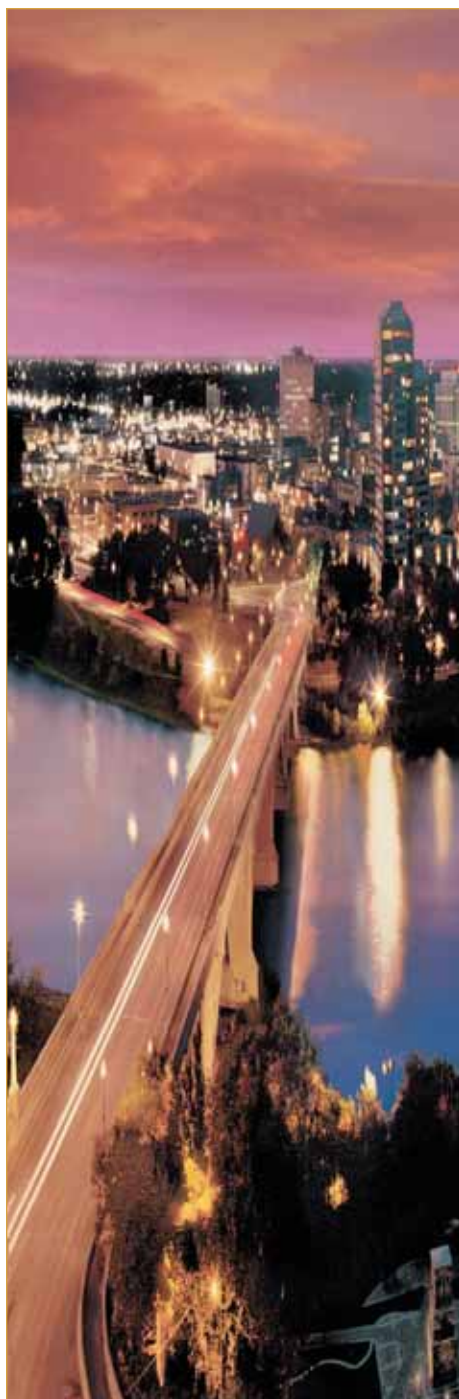


Saskatoon at a Glance *see why it shines*



Saskatoon boasts a laid-back charm that enhances its cosmopolitan hustle and bustle. Sip cappuccino in a café in the trendy Broadway shopping district, check out the latest technology and research advancements, watch Shakespeare under a circus tent or explore 6,000 years of First Nations culture... it's all in Saskatoon.

The 2007 CAO Congress host hotels are situated on the river bank overlooking the South Saskatchewan River. The picturesque landscape is inter-connected with trails of parks, communities and constant activities. The castle-like Delta Bessborough Hotel provides the historical backdrop to the grey stone building of the University of Saskatchewan, the Meewasin Valley Centre, the Ukrainian Museum and the famous Mendel Art Gallery. The Sheraton Cavalier Hotel (host hotel and home base for the children's program) is directly across the street.

Take a guided boat tour and discover the natural and cultural heritage of the area. Or take an evening riverboat cruise and watch the world go by as you enjoy dinner and unparalleled views. Saskatoon is bursting with a lively ambiance with vibrant sophisticated arts and festivals. Delegates at the 2007 CAO Congress will have an opportunity to savor award-winning cuisine during the *Taste of Saskatchewan* being held concurrently with the Congress. This is an absolute "must" food adventure.

Saskatoon also boasts the first and only Synchrotron Facility in Canada. Saskatoon's research and technology sector has always been on the leading edge. Tours are available and are incorporated into the Congress program.

Saskatchewan is the home base of the famous Canadian Snowbirds, but we recommend you



Hosted by The
Saskatchewan
Association of
Optometrists
108-2366 Ave C North,
Saskatoon, SK S7L 5X5,
T: (306) 652-2069
sao@sasktel.net

SASKATOON AT A GLANCE

use an alternate airline such as Air Canada or West Jet, arriving daily at the newly expanded John G. Diefenbaker International Airport. Common flying times to Saskatoon from Toronto is 3 hours, Vancouver is 2½ hours, and Calgary, Winnipeg and Edmonton take only 1 hour. Some Congress delegates may also consider flying to/from Regina. The 2½ hour drive to Saskatoon will give you the opportunity to explore Saskatchewan even more!

For those who drive, Saskatoon is located in the heart of the province with easy access from all directions.

Saskatoon has a population of 206,500 people and has all the big city amenities with a small town spirit. And yes, Saskatoon is one of the sunniest spots in Canada. Come join us in 2007 and see why Saskatoon Shines!

Ground Transportation:

TAXI

United Blueline Taxi

(306) 652-222 ☎ united.dispatch@sasktel.net

Saskatoon Radio Cabs

(306) 242-1221 ☎ radiocab@sasktel.net

A ride from the airport to downtown Saskatoon takes about 20 minutes and costs approximately \$30.

Premier Airport shuttle service is also available from:

SLT Limousine Services (*must be pre-arranged*):

(306) 665-0000 ☎ sltlimo@sasktel.net

☎ www.carservice.ca

RENTAL VEHICLES:

Car rentals are conveniently located at the airport. Companies operating vehicle pick-up and return services are:

National ☎ www.nationalcar.com

(800) 387-4747 ☎ muellerj@nationalcar.com

Thrifty ☎ www.thrifty.com

(800) 847-4389 ☎ thriftyskn@shaw.ca

Avis ☎ www.avis.com

(306) 652-3434 ☎ avisdelta@sasktel.net

Budget ☎ www.budget.com

(800) 844-7888 ☎ lbeasley@budgetsaskatoon.com

SHUTTLE SERVICE

There will be a complimentary shuttle service leaving hourly from the Congress hotels to the TCU Place, Saskatoon's Arts & Convention Centre. For those who wish to, it is a pleasant 10 minute walk.

CAO President's Cup Golf Tournament

Wednesday, July 18 – This is your invitation to participate in the prestigious CAO President's Cup Golf Tournament, which will be held at the Willows Golf & Country Club located just minutes from Saskatoon (see www.willowsgolf.com). Appealing to both low and high handicappers, the tournament is open to all including CAO members, optometric staff, companions and suppliers. The entry fee includes green fees, power cart, return transportation, lunch, drink tickets, taxes, gratuities, an Awards event and prizes for everyone. Register now because space is limited! To register, please see the 'Golf Registration' form enclosed with your copy of the CJO. *Fees: \$130 (\$120/ prior to June 25)*

President's Welcoming Reception

Wednesday evening, July 18 – Join CAO President, Dr Dorrie Morrow, at the *Top of the Inn* in one of Saskatoon's finest locations to witness the evening's picturesque view of the river bank. In a come-and-go wine and cheese reception, you will be entertained by local talent and have the opportunity to meet acquaintances from across Canada. The evening promises to be a relaxing and informal introduction to why Saskatoon Shines.

Congress Opening Ceremonies

Thursday, July 19 – The Congress Opening Ceremony will be held in the heart of Boomtown, the Western Development Museum's representation of a typical Saskatchewan town. Boomtown captures the atmosphere and style of a typical Saskatchewan town in 1910. Over 30 buildings portray community life from the general store, to the blacksmith shop ringing with the sound of the hammer striking the anvil. The 2007 Congress delegates will be transported back to a time when the clip clop of horses filled the air. You won't just visit this museum, you will live it!

Delegates will be treated to real home-style cooking, neighbourly hospitality, good clean fun and be prepared

SASKATOON AT A GLANCE

to be “Wowed” when the “Saskatchewan Express” take the stage. In their 25-year history, “Saskatchewan Express” has performed for more than two million people and traveled close to 300,000 kilometres. The troupe has proudly been a musical ambassador for Saskatchewan at major events across the country and has represented Canada at events in the United States. The group has traveled extensively in Saskatchewan and has given the people of this province a reason to be proud of our talented young people and of what we can accomplish right here in Saskatchewan.

Young or old, big or small, this evening is sure to be one Congress Opening Ceremonies you won't forget! So muster up your registration and pack your saddle bags and we'll see ya'all in 2007!

Class Reunions:

Friday, July 20th, 2007 has been designated a free evening for class reunions. To assist in coordinating the class activities, Congress registrants will be listed by “Year of Graduation” on the message board located at the registration desk at the TCU Place Convention Centre. Class coordinators are asked to leave their contact information and details regarding their group activity for their fellow classmates and colleagues. Delegates are asked to check the Congress message board for any changes or updates.

Children's Program

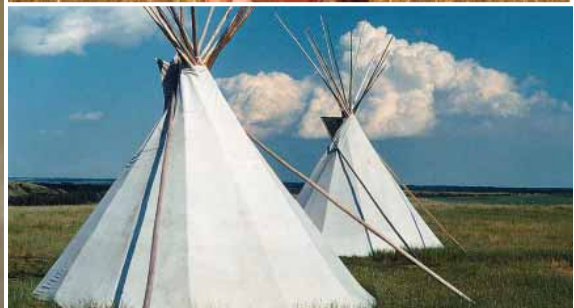
Signing a liability waiver is a requirement for participation.

Parents of children under age 2 will be required to provide their own child care (list of sitters available at SAO office).

Are you asking yourself if you should bring your children with you to the 2007 Congress? The answer is *absolutely!* Your children will be well cared for by qualified and certified staff. The program was designed to keep the children busy adding educational, fun activities throughout the day including babysitting services during the President's Banquet. The schedule will allow you to drop them off for breakfast, prior to the CE program, and pick them up after CE sessions are over.

The Congress evening programs (*with the exception of the President's Welcome reception and President's Banquet*) were designed to include the entire family. The committee developed both a Pee Wee and Youth program. Children under the age of five will enjoy the company of qualified babysitters and have the opportunity to enjoy the Kinsmen Park, splash in the paddling pool, visit the library for story hour and visit the Saskatoon Zoo and Forestry Farm. There will be stories, crafts and songs – they might never want to leave!

Your children can also join in on the exciting classes in Scottish dancing, taught by one of Saskatchewan's own, Dr Claude Hutton. Bring your dance shoes or try



SASKATOON AT A GLANCE

it barefoot, it's a great opportunity to learn something new and to have a great time (*see photo page 21*)!

The Junior delegates will tour the Canadian Light Source Synchrotron light research station, experience some native history at the Wanuskewin Heritage Park, challenge their skills at the many attractions at Rucker's, hit the allies to try their hand at glow bowling and the list goes on and on. Just try and keep up!

Peewee's (2 years - 5 years) \$125 per child

Includes drop off prior to CE sessions for a Full Day of Care.

- Art Program
- Fun Factory Game Centre
- Kinsmen Activity Park
- Library Story Hour
- Gymnastics
- Forestry Farm and Zoo

Junior's (6 years and older) \$150 per child

- Bus Tour of Saskatoon
- Canadian Light Source
- Art Program
- Bowling
- Rucker's Amusement Centre
- Wanuskewin Park
- Scottish Dancing Lessons

Companions Program:

Companions will begin their program with a welcoming reception providing an opportunity to meet other spouses. The program was designed with both female and male interests in mind and will include a tour of the city including a stop for a specialty coffee or a pint of the cold stuff in the "Heart of the Art", surrounded by quaint and trendy shops in the Broadway area.

You can also tour the Synchrotron Canadian Light Source and the Wanuskewin Heritage Park. In addition, visiting Saskatoon wouldn't be complete without lunch at a unique riverside eatery and gift shop located in a relaxed country setting minutes from the city. The Berry Barn has walking trails and serves scrumptious Saskatoon Berry Pie and home-style cooked meals. Bring an extra large suitcase; their gift shop merchandise is incredible!

For avid golfers, tee-times will be available throughout the Congress.

Companions Program (Includes) \$250

- President's Gala and Banquet
- Greet & Meet Reception
- President's Welcoming Reception
- Opening Ceremonies
- Bus Tour of Saskatoon
- Lunches
- OPTOFAIR

Additional Tours:

- Canadian Light Source (\$10)
- Wanuskewin (\$10)
- Saskatoon Berry Barn (\$20, *includes lunch*)

Hotel Reservations:

All hotel reservations can be made on an individual basis by calling the hotel directly. Hotel room blocks, with negotiated rates, have been reserved at the hotels listed below. Hotel reservations are made on a first-come, first-served basis. The children's program will be based out of the Sheraton Cavalier Hotel. Please indicate when making your hotel reservation that you wish to be booked under the "CAO Congress Room Block". We encourage you to book early!

Conference room rates will be honored until June 17th, 2007. After June 17th, hotels will release the conference room block for general sale. Delegates are advised to check directly with hotels regarding late arrival policies.

SHERATON CAVALIER

- Host Hotel -
Rates \$159-\$174
(800) 325-3535
www.sheratonsaskatoon.com
Distance to TCU: 1.3 kms



THE HILTON GARDEN INN

Recommended for Exhibitors
located opposite TCU Place
Rates \$149
(877) 782-9444
www.hiltongardeninn.com

DELTA BESSBOROUGH

Rates: \$129-\$149
(800) 268-1133
www.deltahotels.com
Distance to TCU: 1.3 kms

