Optometry Volunteers Needed for National Mature Driver Education Program – 55 ALIVE

A special Canada Safety Council mature driver education program, 55 Alive, is scheduled for nationwide release in 1982.

Optometry has been offered a key role in the success of this program—a role which will require the active participation of many CAO members in their own communities.

The purpose of 55 Alive, the first program of its kind in Canada, is to help drivers 55 and over update their driving habits, sharpen their driving skills and compensate for normal age-related changes in driving proficiency.

In a series of six separate sessions (3 sessions per day over 2 days), course participants learn safe driving, mainly through group discussion with their peers, instructor guidance and 35 mm slide shows which reveal perceptual problems in various driving environments.

Optometric participation in particular is invited for the 2nd session of the lecture series dealing with vision concerns of older persons. Using supplied slides approved by CAO and student workbooks, the participating optometrist will present a half hour outline of the structure of the eye, the importance of seeing for driving and common vision problems for older Canadians.

A second option open to the optometrist is to receive training so he or she may assume the role of group leader and course organizer for his or her own area.

The Canadian Association of Optometrists is pleased to endorse the 55 Alive program as an important contribution to the health and safety of Canadian citizens and urges every member to join in support of the program when it reaches their community.

To receive more information about becoming a 55 Alive guest lecturer or group leader in your area complete the questionnaire below and send to:

Canadian Association of Optometrists
55 Alive
2001—210 Gladstone Avenue
Ottawa, Ontario K2P 0Y6

(Please Print)

Name_____________________________________________Age________
Address______________________________________________
Province________________________________________Postal Code___
Area Code_________ Telephone________________________

I am interested in becoming— a) Guest lecturer ___________ (Check one or more)
  b) Group Leader ___________________ in receiving— c) Information ___________
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